

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice from Porridge, Weetabix, cereals + Toasts with Jam or cream cheese				
Morning snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Lunch	Sweet potato Hash Brown Casserole	Chicken Curry	Courgette and pea risotto with prawns	Creamy cheesy chicken casserole	Vegetable casserole
Dissert	Trifle	Apple crumble	Melon slice	Fruits salad	Banana with custard
Afternoon snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Afternoon Tea	Pitta bread + Hummus	Margarita pizza	Jacket potato +cheese/beans	Cheesy peasy pasta	Jacket potato & fish finger

** We will alternate vegetables and Quorn for vegetarian option.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice from Porridge, Weetabix, cereals + Toasts with Jam or cream cheese				
Morning snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Lunch	Chorizo & Mozzarella gnocchi bake	Butternut squash & chickpea tagine	Shepherd's pie with sweet potato	Fish pie	Chicken broccoli pasta casserole
Dissert	Fruits salad	Banana with custard	Yogurt	Lemon sponge	Poached pear
Afternoon snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Afternoon Tea	Tomato pasta	Jacket potato with chicken nugget	Pitta bread + Hummus	Jacket potato + cheese/beans	Carrot & coriander soup

** We will alternate vegetables and Quorn for vegetarian option.

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice from Porridge, Weetabix, cereals + Toasts with Jam or cream cheese				
Morning snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Lunch	Pasta bolognese	Chicken curry	Chorizo & mozzarella gnocchi bake	Courgette and pea risotto with prawns	Roast chicken & potato
Dissert	Fruits salad	Apple crumble	Lemon sponge	Trifle	yogurt
Afternoon snack	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits	Mix of fruits
Afternoon Tea	Margarita pizza	Jacket potato with chicken nugget	Lentil soup	Tomato pasta	Pitta bread + Hummus

** We will alternate vegetables and Quorn for vegetarian option.